

# MEN'S VOLLEYBALL

2012/2013



**CAMOSUN COLLEGE**



**L-R BACK:**

James Cameron,  
Garrett Marcellus,  
Alex Sadowski,  
Lachlan Polson,  
Andrew Inglis

**MIDDLE:**

Devon Parkinson  
(Assistant Coach),  
Gord Inglis (Assistant Coach),  
Jeremy Finn,  
Alex Wolf,  
Ryan Thain,  
Chhase McFarlen,  
Tanner March

**FRONT:**

Makoto Yasuda  
(Student Athletic Therapist),  
Adrian Best, Robin Smith,  
Ryan Thain, Ryan Marcellus,  
Tanner Litwin, Gabriel Duval,  
Charles Parkinson (Head Coach),  
Nick Patenaude  
(Student Athletic Therapist)



Scan or go to [www.camosun.ca/sports/chargers](http://www.camosun.ca/sports/chargers) to find the Chargers' main website.

Check the Chargers Post on blogger for the latest news, updates and results. [camosunchargers.blogspot.com](http://camosunchargers.blogspot.com)



Home of  
the Chargers



**Adrian Best #4**

Year: 1  
 Position: Libero  
 Height: 5'11"  
 Home: Grande Prairie, AB  
 High School: St Joseph Catholic  
 Program: Sport Performance

**James Cameron #14**

Year: 1  
 Position: Middle  
 Height: 6'4"  
 Home: Saltspring Island  
 High School: Gulf Islands  
 Program: Crim Justice

**Lucas Dellabough #2**

Year: 1  
 Position: Rightside  
 Height: 6'4"  
 Home: Victoria  
 High School: Lambrick Park  
 Program: Arts & Science

**Gabriel Duval**

Year: Red Shirt  
 Position: Setter  
 Height: 6'0"  
 Home: Victoria  
 High School: Reynolds  
 Program: UT

**Jeremy Finn #8**

Year: 3  
 Position: Leftside  
 Height: 6'2"  
 Home: Westbank  
 High School: Mt Boucherie  
 Program: Bus Admin

**Andrew Inglis #10**

Year: 5  
 Position: Rightside  
 Height: 6'5"  
 Home: Red Deer  
 High School: Lindsay Thurber  
 Program: BA Sport & Fitness Leadership

**Tanner Litwin**

Year: Red Shirt  
 Position: Setter/Libero  
 Height: 6'0"  
 Home: Grande Prairie  
 High School: Grande Prairie  
 Program: Mech Access

**Garrett Marcellus #6**

Year: 5  
 Position: Leftside  
 Height: 6'4"  
 Home: Victoria  
 High School: Oak Bay  
 Program: Bus Admin

**Ryan Marcellus #1**

Year: 1  
 Position: Setter  
 Height: 6'2"  
 Home: Victoria  
 High School: Oak Bay  
 Program: UT

**Tanner March #12**

Year: 2  
 Position: Leftside/Libero  
 Height: 6'3"  
 Home: Kelowna  
 High School: Okanagan  
 Program: Assoc Science

**2012 – 2013 Men's Volleyball Schedule**

Day	Date	H/A	Home	Away	Time	Location	Division
<b>October</b>							
FRI	12	H	CAM	VIU	8:00	PISE	League
SAT	13	H	CAM	VIU	8:00	PISE	League
FRI	19	A	UFV	CAM	8:00	Abbotsford	League
SAT	20	A	UFV	CAM	3:00	Abbotsford	League
<b>November</b>							
FRI	2	A	CAP	CAM	8:00	North Vancouver	League
SAT	3	A	CAP	CAM	3:00	North Vancouver	League
FRI	9	H	CAM	DC	8:00	PISE	League
SAT	10	H	CAM	DC	3:00	PISE	League
FRI	16	H	CAM	CBC	8:00	PISE	League
SAT	17	H	CAM	CBC	3:00	PISE	League
SAT	24	H	CAM	COTR	8:00	PISE	League
SUN	25	H	CAM	COTR	1:00	PISE	League
<b>January</b>							
FRI	4	A	DC	CAM	8:00	New Westminster	League
SAT	5	A	DC	CAM	3:00	New Westminster	League
FRI	11	A	COTR	CAM	8:00	Cranbrook	League
SAT	12	A	COTR	CAM	3:00	Cranbrook	League
FRI	25	H	CAM	UFV	8:00	PISE	League
SAT	26	H	CAM	UFV	3:00	PISE	League
<b>February</b>							
FRI	1	A	CBC	CAM	8:00	Abbotsford	League
SAT	2	A	CBC	CAM	3:00	Abbotsford	League
FRI	8	H	CAM	CAP	8:00	PISE	League
SAT	9	H	CAM	CAP	3:00	PISE	League
THUR	14	A	VIU	CAM	8:00	Nanaimo	League
SAT	16	A	VIU	CAM	8:00	Nanaimo	League
THUR	21	A	COTR	CAM		Cranbrook	Provincials
FRI	22	A	COTR	CAM		Cranbrook	Provincials
SAT	23	A	COTR	CAM		Cranbrook	Provincials
<b>March</b>							
FRI	7	A	Niagara	CAM		Welland, ON	Nationals
SAT	8	A	Niagara	CAM		Welland, ON	Nationals
SUN	9	A	Niagara	CAM		Welland, ON	Nationals

**Dave Dooley – Asst. Coach**

**Home Town:** White Rock, BC  
**High School:** Elgin Park  
**Education:** Camosun College, UVic  
**Certification:** NCCP Level 2

**Coaching Experience:**

- Head Coach Vancouver Island National Team Regional Centre of Excellence
- Head Coach Team BC 2010 NTCC 18U Men
- Asst. Coach Camosun Men's Volleyball 2007-Present
- Head Coach Team BC 2010 NTCC 18U Men
- 7 Years Community Coaching

**Devon Parkinson – Asst. Coach**

**Home Town:** Victoria, BC  
**High School:** Claremont  
**Education:** Camosun College, Dalhousie University  
**Certification:** NCCP Level 1-2

**Coaching Experience:**

- Asst. Coach Team BC 20U – National Team Challenge Cup
- Baden Cup
- 16U-17U Provincial Team

**Gord Inglis – Asst. Coach**

**Home Town:** Red Deer, AB  
**High School:** Lindsay Thurber Comprehensive  
**Education:** MSc  
**Certification:** NCCP Level 3

**Coaching Experience:**

- Head Coach Red Deer College – 14 years
- CCAA Coach of the Year 1986
- Canada Games Silver Medalist 1983

**Chhase McFarlen #5**

Year: 3  
 Position: Leftside/Libero  
 Height: 6'3"  
 Home: Port Moody  
 High School: Port Moody  
 Program: Assoc Science

**Lachlan Polson #15**

Year: 1  
 Position: Middle  
 Height: 6'7"  
 Home: Victoria  
 High School: Claremont  
 Program: Criminal Justice

**Alex Sadowski #7**

Year: 2  
 Position: Middle  
 Height: 6'7"  
 Home: Victoria  
 High School: Belmont  
 Program: Elec Engineering

**Robin Smith #3**

Year: 2  
 Position: Leftside  
 Height: 6'2"  
 Home: Whitehorse  
 High School: Porter Creek  
 Program: Criminal Justice

**Ryan Thain #11**

Year: 2  
 Position: Setter  
 Height: 6'1"  
 Home: Surrey  
 High School: Earl Marriott  
 Program: Assoc Arts

**Alex Wolf #9**

Year: 3  
 Position: Power  
 Height: 6'3"  
 Home: Surrey  
 High School: Earl Marriott  
 Program: Criminal Justice

**Charles Parkinson – Head Coach**

**Home Town:** Richmond  
**High School:** Richmond Sr. Secondary  
**Education:** University of Manitoba NCCP Level 3 (Technical/Practical); Level 2 Theory; Level 2 Beach Volleyball Chartered Professional Coach (ChPC) NCI Diploma BPE, Advanced Management for Non-Profits Certificate

**Coaching Experience:**

- 2012 17U Provincial Team – Silver, Western Elites
- 2011 17U Provincial Team – Gold, Western Elites
- 2010 19U Provincial Team
- 2009 17U Provincial Team – Bronze, Western Elites
- Head Coach Camosun men's volleyball, Winter 2007-present
- Team BC 2010 NTCC 19U Men's Head Coach
- Assistant Coach Camosun Chargers, Fall 2007
- Head Coach Langara College Falcons (BC Champs) & Douglas College Royals
- Head Coach UBC Juniors (BC Champs)
- Head Coach VVA Juvenile (BC Silver Medalists)
- Head Coach Claremont Jr. (BC Champs)

**Sport Highlights:**

- BCCAA Gold Medalists, 2009-10
- CCAA Bronze Medalists, 2008-09
- BCCAA Men's Volleyball Coach of the Year, 2008-09
- BCCAA Gold Medalists, 2008-09
- Men's Open National Championships All-Star and Silver Medalist
- 4-West All Star and Gold Medalist
- Western Canada Summer Games Gold Medalist
- National Team Captain
- TV Analyst for Atlanta, Sydney, Athens and Beijing Olympics; World League and World Beach Tour
- National Team Member World University Games, World Championships, World Cup and Pan Am Games

**Professional Contributions:**

- Former Canadian Olympic Committee Director
- 2011 Volleyball Canada Board of Directors
- 2011 Guest Writer 'The Source' Volleyball magazine
- 2011 Level III Evaluator

# Canadian Collegiate Athletic Association (CCAA) & Pacific Western Athletic Association (PACWEST) Awards & Achievements

## CCAA National Championships

2009-2010	5th Place
2008-2009	Bronze Medalists
2005-2006	7th Place
2002-2003	Bronze Medalists
2001-2002	5th Place
1999-2000	5th Place
1998-1999	7th Place

## CCAA Individual Awards

Tanner Litwin	2011-2012	National Scholar Athlete
Alex Sadowski	2011-2012	National Scholar Athlete
Henrik Herrebroeden	2010-2011	National Scholar Athlete
Stephen Richter	2010-2011	National Scholar Athlete
Blaine Barron	2009-2010	National Scholar Athlete
Henrik Herrebroeden	2009-2010	National Scholar Athlete
Martin Adey	2008-2009	National Scholar Athlete
Brent Hall	2008-2009	National Scholar Athlete
Derek Twomey	2008-2009	National Scholar Athlete
Dan Goodburn	2008-2009	Athlete of the Month
Curtis Wood	2007-2008	National Scholar Athlete
Dan Goodburn	2007-2008	National Scholar Athlete,

Andrew Abbott	2006-2007	National Scholar Athlete
Chris Abra	2006-2007	National Scholar Athlete
John Galloway	2006-2007	National Scholar Athlete
Dan Goodburn	2006-2007	National Scholar Athlete
Andrew Abbott	2005-2006	National Scholar Athlete
John Galloway	2005-2006	National Scholar Athlete
Dan Goodburn	2005-2006	National Scholar Athlete
Terry Major	2005-2006	National Scholar Athlete
Dan Goodburn	2004-2005	National Scholar Athlete
Colin Lundeen	2004-2005	National Scholar Athlete
Terry Major	2004-2005	National Scholar Athlete
Dan Goodburn	2005-2006	Academic All-Canadian
Colin Lundeen	2004-2005	Academic All-Canadian, All-Canadian

Linda Henderson	2003-2004	Coach of the Year All Sports
Colin Lundeen	2003-2004	Academic All-Canadian
Martin Reader	2003-2004	All-Canadian
Matt Carere	2002-2003	Academic All-Canadian, All-Canadian, Athlete of the Month
Matt Carere	2001-2002	Academic All-Canadian
Dan Casey	2001-2002	Athlete of the Month

Domingo Miguel	1999-2000	Player of the Year, All-Canadian, Athlete of the Month
John McParland	1995-1996	Athlete of the Month

## PACWEST Provincial Championships

2011-2012	4th Place
2009-2010	Gold Medalists
2008-2009	Gold Medalists
2006-2007	5th Place
2005-2006	Silver Medalists
2004-2005	5th Place
2003-2004	4th Place
2002-2003	Gold Medalists
2001-2002	Gold Medalists
2000-2001	5th Place
1999-2000	Silver Medalists
1998-1999	Gold Medalists
1997-1998	4th Place
1996-1997	4th Place
1995-1996	Bronze Medalists

## PACWEST Individual Awards

Garrett Marcellus	2011-2012	2nd Team All-Star, Athlete of the Week (Oct. 24-30)
Alex Sadowski	2011-2012	Rookie of the Year, All-Rookie Team
Jon Joerstad	2010-2011	All-Rookie Team
Henrik Herrebroeden	2009-2011	Academic Excellence
Stephen Richter	2009-2011	Academic Excellence
Josh Coutts	2009-2010	2nd Team All-Star
Garrett Marcellus	2009-2010	Athlete of the Week (Jan. 3-10)
Eric Riedstra	2009-2010	All-Rookie Team
Aleks Saddlemeyer	2009-2010	1st Team All-Star, Athlete of the Week (Nov. 22-29 and Feb. 21-28)
Charles Parkinson	2008-2009	Coach of the Year
Dan Goodburn	2008-2009	All-Star, BCCAA 1st Team All-Star
Aleks Saddlemeyer	2008-2009	Athlete of the Week (Jan. 18/09 & Mar. 1/09)
Chris Abra	2006-2008	Academic Excellence
Dan Goodburn	2006-2008	Academic Excellence
Dan Goodburn	2007-2008	2nd Team All-Star, Athlete of the Week (Feb. 4-10, 2008)
John Galloway	2006-2007	1st Team All-Star, Athlete of the Week (Jan. 14-21, 2007)

Dan Goodburn	2006-2007	Athlete of the Week (Jan. 28-Feb. 4, 2007)
Andrew Abbott	2005-2007	Academic Excellence
John Galloway	2005-2007	Academic Excellence
Dan Goodburn	2004-2006	Academic Excellence
Terry Major	2004-2006	Academic Excellence
Linda Henderson	2005-2006	Coach of the Year
Dan Goodburn	2005-2006	1st Team All-Star
Terry Major	2005-2006	Athlete of the Week (Feb. 5-12/06)
Brian Riedstra	2005-2006	Athlete of the Week (Nov. 6-13, 2005)
Richard Westergaard	2005-2006	2nd Team All-Star, Athlete of the Week (Jan. 22-29/06)
Colin Lundeen	2004-2005	Athlete of the Week (Nov. 13-20, 2005)
Colin Lundeen	2003-2004	Player of the Year, 1st Team All-Star, Athlete of the Week (Nov. 8-14, 2004)
Martin Reader	2003-2004	2nd Team All-Star, Feb. 2-8, 2004
Matt Carere	2002-2003	Player of the Year, 1st Team All-Star, Athlete of the Week (Nov. 3-9, 2003)
Adam Parkes	2002-2003	1st Team All-Star, Athlete of Week (Feb. 24-Mar. 1, 2003 & Nov. 4-9, 2002)
Josh Howatson	2002-2003	1st Team All-Star
Matt Carere	2001-2002	2nd Team All-Star
Dan Casey	2001-2002	2nd Team All-Star
Adam Parkes	2001-2002	1st Team All-Star, Athlete of the Week (Feb. 4-10/02)
Dan Casey	2001-2002	1st Team All-Star, Athlete of the Week (Oct.29-Nov.4/01)
Peter Hart	2000-2001	2nd Team All-Star
Peter Hart	2000-2001	Athlete of the Week (Oct. 30-Nov. 5, 2000)
Dan Casey	1999-2000	2nd Team All-Star, Athlete of the Week (Feb. 7-13, 2000)
Adam Parkes	1999-2000	1st Team All-Star
Domingo Miguel	1999-2000	1st Team All-Star, Athlete of the Week (Nov. 1-7, 1999)
Darren Goss	1998-1999	1st Team All-Star
Brian Hiebert	1998-1999	1st Team All-Star
Josh Vlasveld	1998-1999	2nd Team All-Star
Andrew Ewert	1997-1998	2nd Team All-Star
Mark Cooper	1996-1997	1st Team All-Star
Mark Cooper	1995-1996	1st Team All-Star
Cam Wilson	1995-1996	2nd Team All-Star
Brian Stevens	1994-1995	2nd Team All-Star

## Men's Volleyball Alumni

Davis Proch	2009-2012	UBCO
Alex Saddlemeyer	2007-2010	Thompson Rivers University
John Galloway	2005-2007	University of Manitoba
Devon Parkinson	2006-2007	Dalhousie University, 2011 Pan Am Games Team
Eric Collette	2003-2005	University of Winnipeg
Colin Lundeen	2003-2005	Indiana University, Purdue University Fort Wayne
Aaron Winstone	2003-2005	University of Calgary

Martin Reader	2002-2004	University of BC
Josh Howatson	2002-2003	Trinity Western University
Matt Carere	2001-2003	University of Hawaii
Dan Casey	1999-2002	University of Victoria, Dalhousie University
Darren Goss	1998-2000	York University
Domingo Miguel	1998-2000	York University
Brian Hiebert	1998-1999	University of Victoria
Josh Vlasveld	1998-1999	University of Winnipeg & University of Victoria

Dave Major	1998-1999	University of Victoria
Andrew Ewert	1996-1998	Queens University
Mark Cooper	1995-1997	University of Victoria
Cam Wilson	1995-1997	University of Victoria
Cam Cooper	1994-1996	University of Victoria
Loren Jacula	1994-1996	University of Victoria
Brian Stevens	1994-1995	University of Victoria & University of BC
Mike Travers	1993-1997	University of Victoria
Scott Thomas	1993-1997	University of Victoria



**Sandeep Nandhra,**  
Head Athletic Therapist

BAET CAT(C), Dip EXWELL, NSCA-CSCS  
Strength & Conditioning Coach



**Nathaniel Miles,**  
Statistician



**Makoto Yasuda, (Yr. 3)**  
Student Athletic Therapist

Camosun College  
Centre for Sport and  
Exercise Education



**Nick Patenaude, (Yr. 2)**  
Student Athletic Therapist

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Centre for Sport and  
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